



**MICHELE OGILVIE** MFA, RYT, CMT

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## EDUCATION

IPSB—Institute of Psycho-Structural Balancing—Spring, 2007  
Shiatsu Massage and Healing Arts in Santa Monica: Ongoing study  
Yoga Works Teacher Training—Spring, 2006  
California Teaching Credential, Single Subject in ART, CLAD—2005  
MFA: Master of Fine Art, California State University—2003  
BA: Studio Art, California State University—1987

## SKILLS AND STUDY

### ● MASSAGE—HOLISTIC BODYWORK

INSTITUTE OF PSYCHO-STRUCTURAL BALANCING: 150 Hour Massage Certification

- Full Body Circulatory Massage
- Deep Circulatory Massage
- Passive Joint Mobilization
- Anatomy/Physiology
- Thai Chi
- Holistic Philosophy
- Body Psychology
- Communication Skills, Hygiene
- Business, Ethics, Legalities & Equipment Usage

EXTENDED STUDY COMPLETED—

- Pathology & Orthopedic Evaluation with Dr. Medici
- Structural/Muscle with Brian Campbell at *Shiatsu Massage School in SM*
- Deep Tissue
- Cranial Sacral II
- Anatomy/Physiology
- Acupressure
- Medicinal Aromatherapy
- Reiki II
- Sensory Repatterning/Joint Mobilization
- Forearm Dance™ with Val Guin

### ● YOGA TRAINING

*YogaWorks Teacher Training Certification*—200 Hours, 2006

Teachers—Natasha Rizopoulos, Jeanne Heileman  
Anatomy—Ellen Heed; Ayurveda—Mela Butcher

*YogaWorks Roots of Yoga, In Depth Study*—100 Hours, 2005

Teachers—Lisa Walford, Annie Carpenter; Ashtanga: Simi Cruz  
Iyengar: Paul Cabanis, Marla Apt; Therapeutic: Jasmine Lieb

## SKILLS AND STUDY (continued)

### ● SELECTED YOGA WORKSHOPS

- Aadil Palkhivala* — Padmasana and Meditation Workshop
- Dr. Christopher Chapple* — “The Yoga Sutras of Patanjali” — 10 week study
- Erich Schiffmann* — Moving into Stillness: Meditation Workshop
- Lisa Walford* — Pranayama — 12 week practice and study (Roots of Yoga)
- Annie Carpenter* — Anatomy and Movement
- Jeanne Heileman* — Hip Opener Workshops; Gayatri; Tantric Journey Series
- Saul David Raye* — Maui Retreat—2000
- Seanne Corn* — Maui Retreat—2000, Shakti Workshop; Katrina Benefit
- Sherry Brouman, PT* — Walkright Workshop, Healing your Knees with Yoga
- Shiva Rea* — Various workshops including: Trance Dance, Chakra Study

## WORK AND TEACHING EXPERIENCE

- 2007—Present: Private Bodywork Practice
  
- 2008—Bridges to Recovery (private contractor) substitute  
—Massage Garage in Culver City
  
- 2006—Present • Brentwood School (College Prep.) Brentwood, CA—Teacher
  - Ceramics, Mixed Media, AP Drawing and Painting
  - Yoga: Hatha Blend; Vinyasa; Restorative; Yin Yoga; Meditation
  
- 2002—2006 • California State University, Northridge—Teacher
  - Studio Problems in Teaching Art
  - Ceramics
  - Color Theory
  - 3-D Design/Foundations
  
- 2004 —2006 • Culver City High, CA—Teacher
  - Drawing
  - Painting
  - Photography
  
- 2004, Summer • Taft High, Woodland Hills, CA—Teacher
  - Drawing AB

## AFFILIATIONS

- ABMP: Associated Bodywork & Massage Professionals
- Yoga Alliance
- Southern California Women’s Caucus for Art
- National Women’s Caucus for Art
- National Art Education Association
- College Art Association
- Honor Society of Phi Kappa Phi