



MICHELE OGILVIE MFA, RYT, CMT

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EDUCATION

IPSB—Institute of Psycho-Structural Balancing—Spring, 2007
Shiatsu Massage and Healing Arts in Santa Monica: Ongoing study
Yoga Works Teacher Training—Spring, 2006
California Teaching Credential, Single Subject in ART, CLAD—2005
MFA: Master of Fine Art, California State University—2003
BA: Studio Art, California State University—1987

SKILLS AND STUDY

● MASSAGE—HOLISTIC BODYWORK

INSTITUTE OF PSYCHO-STRUCTURAL BALANCING: 150 Hour Massage Certification

- Full Body Circulatory Massage
- Deep Circulatory Massage
- Passive Joint Mobilization
- Anatomy/Physiology
- Thai Chi
- Holistic Philosophy
- Body Psychology
- Communication Skills, Hygiene
- Business, Ethics, Legalities & Equipment Usage

EXTENDED STUDY COMPLETED—

- Pathology & Orthopedic Evaluation with Dr. Medici
- Structural/Muscle with Brian Campbell at *Shiatsu Massage School in SM*
- Deep Tissue
- Cranial Sacral II
- Anatomy/Physiology
- Acupressure
- Medicinal Aromatherapy
- Reiki II
- Sensory Repatterning/Joint Mobilization
- Forearm Dance™ with Val Guin

● YOGA TRAINING

YogaWorks Teacher Training Certification—200 Hours, 2006

Teachers—Natasha Rizopoulos, Jeanne Heileman
Anatomy—Ellen Heed; Ayurveda—Mela Butcher

YogaWorks Roots of Yoga, In Depth Study—100 Hours, 2005

Teachers—Lisa Walford, Annie Carpenter; Ashtanga: Simi Cruz
Iyengar: Paul Cabanis, Marla Apt; Therapeutic: Jasmine Lieb

SKILLS AND STUDY (continued)

● SELECTED YOGA WORKSHOPS

- Aadil Palkhivala* — Padmasana and Meditation Workshop
- Dr. Christopher Chapple* — “The Yoga Sutras of Patanjali” — 10 week study
- Erich Schiffmann* — Moving into Stillness: Meditation Workshop
- Lisa Walford* — Pranayama — 12 week practice and study (Roots of Yoga)
- Annie Carpenter* — Anatomy and Movement
- Jeanne Heileman* — Hip Opener Workshops; Gayatri; Tantric Journey Series
- Saul David Raye* — Maui Retreat—2000
- Seanne Corn* — Maui Retreat—2000, Shakti Workshop; Katrina Benefit
- Sherry Brouman, PT* — Walkright Workshop, Healing your Knees with Yoga
- Shiva Rea* — Various workshops including: Trance Dance, Chakra Study

WORK AND TEACHING EXPERIENCE

- 2007—Present: Private Bodywork Practice

- 2008—Bridges to Recovery (private contractor) substitute
—Massage Garage in Culver City

- 2006—Present • Brentwood School (College Prep.) Brentwood, CA—Teacher
 - Ceramics, Mixed Media, AP Drawing and Painting
 - Yoga: Hatha Blend; Vinyasa; Restorative; Yin Yoga; Meditation

- 2002—2006 • California State University, Northridge—Teacher
 - Studio Problems in Teaching Art
 - Ceramics
 - Color Theory
 - 3-D Design/Foundations

- 2004 —2006 • Culver City High, CA—Teacher
 - Drawing
 - Painting
 - Photography

- 2004, Summer • Taft High, Woodland Hills, CA—Teacher
 - Drawing AB

AFFILIATIONS

- ABMP: Associated Bodywork & Massage Professionals
- Yoga Alliance
- Southern California Women’s Caucus for Art
- National Women’s Caucus for Art
- National Art Education Association
- College Art Association
- Honor Society of Phi Kappa Phi